



For most if not all of us the pandemic has been a journey into the unknown, stretching us to edges of ourselves and our lives together in different and overlapping ways. There has been an intensity of undulating emotions and questions. The three of us have turned to our spiritual practices and each other, taking turns creating and receiving, and found sustenance from a variety of online connections and communities. We keep going as parents, consultants, facilitators, anti-racist educators, spiritual coaches, and health-care workers by staying connected to our inner worlds and the natural world even when we don't want to or feel like it. We take turns grieving and comforting, laughing and crying, sharing and listening.

And we are continually surprised and sustained by what we discover - just enough peace and courage for the days in front of us and times with enough to share. *You too?*

We've learned to "join our wildernesses together" and we invite you to join yours with ours.

We are offering a four-week online journey of contemplation and reflection. We will use silence, song, poetry, creativity, individual reflection, and group dialogue to practice trusting and befriending the wild within that we may befriend the wild around us.

**This series is for you if:**

- You are interested in exploring your inner world with experienced facilitators
- You're curious about spiritual practices and mindfulness and you've been looking for guidance and a place to start
- You're a dedicated spiritual practitioner and longing for community
- You lead all week and you'd like to be led
- You're curious how "seeing inside" could make your life richer
- You could commit to the [Circles of Trust® Touchstones](#) based on the work of Parker J. Palmer and the Center for Courage & Renewal

**Cost:** Sliding Scale \$100-\$150 for all 4 sessions (Scholarships available)

**Payment accepted via**

Venmo: @Emily-Linderman-SD

CashApp: \$EmilyLinderman

**Registration**

[https://us02web.zoom.us/meeting/register/tZlkduyprDwoGtNLxnyaf7r3GZKO6WCz\\_bd0](https://us02web.zoom.us/meeting/register/tZlkduyprDwoGtNLxnyaf7r3GZKO6WCz_bd0)

Limited to the first 22 paid and registered participants

Registration Deadline: Saturday, February 26

After registering, you will receive a confirmation email containing information about joining the meeting